ENTRÉE	£	COLD STARTERS	£	HOT STARTERS	
Lentil Soup (v) Chicken Soup	5	Hummus (v) Chickpeas purée, sesame sauce and lemon juice	6	Hummus Shawarma* 7 Hummus with roasted slices of lamb or chicken topped with almonds*	
Olives and Pickles (v) A selection of pickled cucumbers, turnips, peppers, green chillies and olive	4.5 es	Spicy Hummus (v) Hummus with green chilli, garlic and parsley	6.25	Falafel (v) 6 Chickpea and fava bean croquettes served with tahini sauce	
		Moutabal (v) Smoked aubergine purée, sesame	6.5	Soujouk 7 Spicy Armenian lamb sausages char-grilled	
SET MENUS	£	rabouleh (v) Finely chopped parsley, tomato,	6.75	Chicken Wings 6.5 Char-grilled marinated chicken wings served with mild garlic sauce	
(Minimum 2 persons) price per person Light	27	fresh mint, crushed wheat, lemon juice and olive oil		Prawn Kataifi 7	
Hummus , Moutabal, Tabouleh, Falafel, Spinach Fatayer, Kibbeh Kras	•••••••••••••	Vine Leaves (v) Vine leaves stuffed with fresh herbs.	6	Tiger prawns wrapped in Kataifi pastry finished with a hint of coriander	
Choice of Shawarma, Shish Taouk or Kafta Massis		tomato and rice	<u>.</u>	Grilled Halloumi (v) 7 Traditional halloumi cheese char-grilled	
Baklawa Coffee or tea		Tzatziki (v) A refreshing mix of yogurt, finely chopped cucumber and a hint of mint	5	Falafel Massis (v) 6.5 Falafel crust filled with mixed vegetables and pickle, drizzled with tahini sauce	
Vegetarian Massis	28	Mousakaa (v) Oven baked aubergine with tomatoes, onions and chickpeas		Batata Harah (v) 6 Spicy sautéed potato with garlic and coriander	
Hummus, Moutabal, Tabouleh, Tzatziki, Falafel, Spinach Fatayer, Cheese Rikaka					
Choice of Bamia, Aubergine Stew or Vegetarian Couscous		PASTRY & OVEN		Calamari 6.5 Lightly battered deep fried squid served with tartar sauce	
Baklawa & Massis ice cream Coffee or tea		Cheese Rikakat (v)	£ 6	White Bait 6	
Gourmet Massis	30	Filo pastry filled with halloumi cheese, feta cheese and herbs		Lightly fried and served with lemon mayo	
Hummus, Moutabal, Tabouleh, Vine Leaves, Falafel, Spinach Fatayer, Kibbel Kras, Cheese Rikakat, Soujouk	1	Spinach Fatayer* (v) Lebanese pastries stuffed with	6	Chicken Liver 7 Sauteed with pomegranate sauce, fresh garlic, coriander and	
Choice of Shawarma, Shish Taouk, Kafta Massis, Grilled Seabass, Vegetaria	an	seasoned spinach, onion, sumac and pine kernels*		lemon juice	
Couscous or Aubergine Stew Baklawa & Massis ice cream Coffee or tea		Arayes* Char-grilled pita bread filled with minced lamb and pine kernels*	6.5		
SHARING MEZZE		Cheese Kellaj (v) Char-grilled pita bread filled with halloumi cheese	6		
PLATTERS	£	Kibbeh Kras* Minced lamb meatballs mixed with	6.5		
Not available after 6pm for 2 people	<u>.</u>	cracked wheat, onion and pine nuts*			
Vegetarian Massis (v)	29	Lamb Sambousek* Lebanese pastries stuffed with	6.5		
Hummus, Moutabal, Pickles, Tabouleh, Cheese Rikakat, Spinach Fatayer, Vine Leaves, Falafel and Batata Harra		seasoned minced lamb, parsley and pine nuts*			
Gourmet Massis	34	Cheese Sambousek* (v) Lebanese pastries stuffed with	6		
Hummus, Moutabal, Pickles, Tabouleh, Falafel, Vine Leaves,		halloumi and feta cheese, parsley and pine nuts*			

Tzatziki, Kibbeh Kras

or Aubergine Stew

Choice of Shawarma, Kafta Massis

MAIN COURSES - GRILL

MEAT & POULTRY

Shawarma Tender slices of marinated roast lamb, chicken or both served with tahini or garlic sauce	15
Shish Taouk Char-grilled skewered cubes of marinated chicken breast served with mild garlic sauce	15.5
Lahem Mehshwi Char-grilled skewered cubes of marinated lamb served with chilli sauce	16
Kafta Massis Skewers of char-grilled ground lamb finely spiced	15.5
Yogurt Kafta* Kafta Massis, topped with creamy yogurt, pine nuts*, crispy pita bread with tomato sauce	16
Kafta Khashkhash Skewers of char-grilled minced lamb served on a bed of spicy tomato sauce	16
Farouj Meshwi Marinated baby chicken char-grilled and served with garlic sauce	17
Lamb Cutlets Tender lamb cutlets marinated in Lebanese spices char-grilled served with rice	17
Kharouf Mehshi* Oven roasted prime lamb on a bed of rice topped with almonds* and Massis gravy	15.5
Massis Grill Selection A selection of shish taouk, kafta massis, lahem meshwi and a lamb cutlet	19

FISH & SEAFOOD

ITOH W OLAHOOD	£		
Seabass Fillet	17.5		
Pan fried sea bass fillet served with roast vegetables			
Grilled King Prawns	20		
Char-grilled king prawns served with rice and coriander garlic sauce			
Mixed Fish Platter	20		
A selection of calamari, whitehait, seahass fillet and prawns served with salad			

STEWS & COUSCOUS

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Vegetarian - 13
Lamb - 14
14
16
and almonds*
16
14
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9.5

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Fattoush Salad (v) 7.5
Tomato, cucumber, radish, onion,
and mint finished with crispy bread
fresh thyme

£

9.5

Taouk Salad (v)
Massis salad topped with tender
char-grilled cubes of chicken

Mediterranean Feta Salad (v) 7.95 Tomato, cucumber, onion, olives, feta, oregano and virgin olive oil

SIDE DISHES

0152 5101120	£
Chips	3.75
Vermicelli Rice	4
Couscous	4
Mixed Roast Vegetables	4.75

Note

Some of our dishes contain nuts, seeds, gluten, milk or other allergens.

If you have a food allergy please consult your server for assistance with your order. *Contains nuts.



LEBANESE GRILL & BAR

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